

Mount Helena Wildflower Walk

May Flowers 2020



Helena-Lewis and Clark National Forest
Kelsey Chapter, Montana Native Plant Society
Montana Discovery Foundation

Visit the national wildflower website at <http://www.fs.fed.us/wildflowers/>

Mt. Helena Checklist (indicates reference page)

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| <input type="checkbox"/> Alpine Bladderpod (17) | <input type="checkbox"/> Little Larkspur (10) |
| <input type="checkbox"/> Arnica, Heartleaf (19) | <input type="checkbox"/> Meadow Death Camas (28) |
| <input type="checkbox"/> Arrowleaf Balsamroot (17) | <input type="checkbox"/> Miner's Candle (28) |
| <input type="checkbox"/> Bitterroot (42)(12) | <input type="checkbox"/> Missouri Ball Cactus (16) |
| <input type="checkbox"/> Butte Marigold (17) | <input type="checkbox"/> Missouri Milkvetch (10) |
| <input type="checkbox"/> Cliff Anemone (12) | <input type="checkbox"/> Nineleaf Lomatium (20) |
| <input type="checkbox"/> Clustered Broomrape (18) | <input type="checkbox"/> Nuttall's Rockcress (27) |
| <input type="checkbox"/> Cushioned Milkvetch (25) | <input type="checkbox"/> Pale Toadflax (28) |
| <input type="checkbox"/> Cushion Goldenweed (18) | <input type="checkbox"/> Pasqueflower (10) |
| <input type="checkbox"/> Cut-leaf Fleabane (25) | <input type="checkbox"/> Plains Mustard (21) |
| <input type="checkbox"/> Douglasia (12) | <input type="checkbox"/> Prairie Sagewort (31) |
| <input type="checkbox"/> Early Cinquefoil (18) | <input type="checkbox"/> Prairie Smoke(Old Man's |
| <input type="checkbox"/> False Solomon's Seal (25) | Whiskers) (13) |
| <input type="checkbox"/> Few-seeded Draba (19) | <input type="checkbox"/> Prickly Pear Cactus (21) |
| <input type="checkbox"/> Field Chickweed (26) | <input type="checkbox"/> Pussytoes (13, 29) |
| <input type="checkbox"/> Forget-me-not (9) | <input type="checkbox"/> Rabbitfoot Crazyweed (14) |
| <input type="checkbox"/> Fringed Sagewort (31) | <input type="checkbox"/> Rocky Mountain Iris (11) |
| <input type="checkbox"/> Fuzzy-tongue Penstemon (8) | <input type="checkbox"/> Sagebrush Buttercup (22) |
| <input type="checkbox"/> Goat's Beard (Salsify) (19) | <input type="checkbox"/> Scarlet Globe Mallow (16) |
| <input type="checkbox"/> Ground Plum (8) | <input type="checkbox"/> Shooting Star (14) |
| <input type="checkbox"/> Harebell (8) | <input type="checkbox"/> Showy Jacob's Ladder |
| <input type="checkbox"/> Hayden Cymopterus (26) | <input type="checkbox"/> Silky Crazyweed (22) |
| <input type="checkbox"/> Holboell's Rockcress (27) | <input type="checkbox"/> Small Wallflower (22) |
| <input type="checkbox"/> Hood's Phlox (27) | <input type="checkbox"/> Spearleaf Stonecrop (20) |
| <input type="checkbox"/> Hooker's Townsendia (11) | <input type="checkbox"/> Sticky Geranium (14) |
| <input type="checkbox"/> Leafy Musineon (20) | <input type="checkbox"/> Strawberry (30) |
| <input type="checkbox"/> Leopard Lily (47)* | <input type="checkbox"/> Sulphur Buckwheat (29) |
| <input type="checkbox"/> Lewis' Blue Flax (9) | |

___ Sulphur Penstemon (11)	___ Yarrow (30)
___ Tarragon *	___ Yellow Bell (24)
___ Thread-leaved Sandwort (29)	___ Yellow Gromwell (23)
___ Wart-Berry Fairy Bell (30)	___ Yellow Prairie Violet (24)
___ Wavyleaf Thistle (11)	___ Yellowish Paintbrush (24)
___ Western Gromwell (23)	___
___ Wooly Groundsel (23)	
___ Wyoming Kittentails (15)	

Trees

___ Douglas Fir (40)	___ Ponderosa Pine (39)
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Shrubs

___ Antelope Bitterbrush (36)	___ Mountain Maple (34)
___ Birchleaf Spirea (39)	___ Rocky Mountain Juniper (36)
___ Chokecherry (36)	___ Rubber Rabbitbrush (33)
___ Common Juniper (35)	___ Silver Sagebrush (33)
___ Golden Currant (34)	___ Skunkbush Sumac (34)
___ Gray Horsebrush (33)	___ Waxcurrant (35)
___ Honeysuckle *	___ Western Serviceberry (37)
___ Kinnikinnik*	___ Wild Rose (37)
___ Lewis' Mock Orange (35)	___

Noxious Weeds

___ Dalmatian Toadflax	___ Spotted Knapweed
___ Leafy Spurge	___ Houndstongue

Non-native but not Noxious

___ Common Dandelion	___ Wooly Mullein
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Scavenger Hunt and Wildflower Sketches

Find the items below:

- ☐ The Sleeping Giant
- ☐ Bluebird
- ☐ Wild Asparagus
- ☐ Signs of a dog
- ☐ Water Tank Reservoir
- ☐ Limestone rock
- ☐ A leaf that has 3 lobes
- ☐ A flower from the Aster Family
- ☐ A pollinator
- ☐ Our State Tree: _____
- ☐ A flower that Lewis and Clark observed
- ☐ A student who has hiked to the top of Mt. Helena
- ☐ A flower from the Lily Family
- ☐ A noxious weed
- ☐ Pick up 5 pieces of trash and dispose of them

Draw 2 Separate Views of a Wildflower:

Side View:



Top View:

